

Toxic fibrillar oligomers of amyloid- β have cross- β structure

James C. Stroud¹, Cong Liu¹, Poh K. Teng, and David Eisenberg²

Department of Chemistry and Biochemistry, The Howard Hughes Medical Institute, UCLA-DOE Institute for Genomics and Proteomics, University of California, Los Angeles, CA 90095

Edited* by Stephen J. Benkovic, Pennsylvania State University, University Park, PA, and approved March 28, 2012 (received for review February 24, 2012)

Although amyloid fibers are found in neurodegenerative diseases, evidence points to soluble oligomers of amyloid-forming proteins as the cytotoxic species. Here, we establish that our preparation of toxic amyloid- β_{1-42} (Abeta42) fibrillar oligomers (TABFOs) shares with mature amyloid fibrils the cross- β structure, in which adjacent β -sheets adhere by interpenetration of protein side chains. We study the structure and properties of TABFOs by powder X-ray diffraction, EM, circular dichroism, FTIR spectroscopy, chromatography, conformational antibodies, and cellular toxicity. In TABFOs, Abeta42 molecules stack into short protofilaments consisting of pairs of helical β -sheets that wrap around each other to form a superhelix. Wrapping results in a hole along the superhelix axis, providing insight into how Abeta may form pathogenic amyloid pores. Our model is consistent with numerous properties of Abeta42 fibrillar oligomers, including heterogenous size, ability to seed new populations of fibrillar oligomers, and fiber-like morphology.

Abeta oligomers | toxic oligomers | Alzheimer's disease | domain swapping | protein aggregation

Several neurodegenerative diseases are correlated with amyloid fibrillar deposits (1). For a number of these diseases, it has been postulated that amyloid fibers may not play the primary causative role (2). Rather, soluble aggregates of the amyloidogenic proteins are likely the relevant etiological agents (2, 3). The most prevalent of these neurodegenerative diseases, Alzheimer's disease (4), is strongly linked to the presence of soluble aggregates of amyloid- β (Abeta) (5). Abeta aggregates have been shown to impair neurite function (6), synaptic morphology (7), cognitive function (8), and cell viability (9). In the prion conditions, also classed as amyloid diseases (10), small oligomers have also been identified as the toxic species (11). Recently, the availability of structure-specific antibodies has provided a means to group oligomers into two broad antigenic categories known as prefibrillar and fibrillar oligomers (12).

Fibrillar oligomers are recognized by the OC antibody isolated from rabbits immunized with Abeta fibers (13), suggesting that Abeta fibrillar oligomers share surface features with Abeta fibers. In addition to fiber-like morphology, fibrillar oligomers are similar to fibers in that fibrillar oligomers can seed new populations of fibrillar oligomers (14). The ability to seed suggests that, like fibers, fibrillar oligomers are organized into a repeating array or lattice of monomers, wherein the monomers have identical structures. Fibrillar oligomers likely have a distinct lattice from fibers, because Abeta fibrillar oligomers do not seed Abeta fiber formation (14). Here, we characterize a particular preparation of fibrillar oligomers that we term toxic Abeta₁₋₄₂ (Abeta42) fibrillar oligomers (TABFOs).

The structure of amyloid fibers may provide insight into the structure of fibrillar oligomers. Fiber diffraction studies of chemically pure amyloid display a cross- β diffraction pattern that includes a 4.7 Å meridional reflection (parallel to the fiber direction) and an \sim 10 Å equatorial reflection (perpendicular to the fiber direction) (15, 16). The meridional reflection arises from the hydrogen-bonded stacking of β -strands perpendicular to the fiber axis. The equatorial reflection arises from adjacent β -sheets

that run the length of the fibers that are held together by tight, zipper-like side chain interactions between the β -sheets (17–20). We suggest the term cross- β structure for oligomers or fibers made of adjacent β -sheets that adhere to each other by interpenetration of protein side chains.

Abeta has a strong propensity to form fibers with cross- β structure (19), and current models for the fiber structure of Abeta are consistent with the concept of a steric zipper (21–23). In the prevailing fiber models, Abeta forms a U-turn, where both inter- and intramolecular side chain contacts satisfy the requirement for a steric zipper. In fibers, the U-turns align parallel to stack into two adjacent β -sheets that extend along the fiber axis.

A fundamental question is how Abeta can form both fibers and fibrillar oligomers, despite potential architectural differences between these two species. Here, we address this question by using X-ray powder diffraction and X-ray-constrained molecular modeling, buttressed by information from other experimental methods, to develop a model for TABFOs. Our model is consistent with much of what is known about Abeta fibrillar oligomers, including reactivity with the OC antibody, ability to seed new populations of fibrillar oligomers, strong EPR spin coupling of Abeta42 residues 27–35, and fiber-like morphology (13, 14). Furthermore, our model suggests a structural basis for pore formation and by extension, a possible mechanism for fibrillar oligomer-mediated toxicity.

Results

Preparation of TABFOs. We prepare recombinant WT Abeta42 as described in *Materials and Methods* (24). We dissolve Abeta42 in hexafluoroisopropanol (HFIP) to disrupt any aggregates. HFIP is then removed by evaporation. Abeta42 is resuspended in dilute ammonium hydroxide, which prevents fiber formation and allows TABFOs to form. TABFOs are stable in size exclusion chromatography (Fig. 1A), which is our final step of purification. Observed in negative-stain transmission EM (TEM), TABFOs appear similar to fibrillar oligomers (14) (Fig. 1C).

TABFOs convert into fibers in PBS, suggesting that TABFOs are not dead-end aggregates. Fibers grown from TABFOs have typical amyloid appearance by TEM (Fig. 1D). These fibers also cause thioflavin T (ThT) fluorescence in fiber growth kinetics assay (Fig. S1A). Fiber formation from TABFOs has a $2,155 \pm 301$ s tenth time, which is the time to attain one-tenth of the maximum signal. This time is longer than the \sim 720 s tenth time reported for monomeric Abeta42 prepared in a similar manner

Author contributions: J.C.S. and D.E. designed research; J.C.S., C.L., and P.K.T. performed research; J.C.S. contributed new reagents/analytic tools; J.C.S. and C.L. analyzed data; and J.C.S. wrote the paper.

The authors declare no conflict of interest.

*This Direct Submission article had a prearranged editor.

¹J.C.S. and C.L. contributed equally to this work.

²To whom correspondence should be addressed. E-mail: david@mbi.ucla.edu.

This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1203193109/-DCSupplemental.

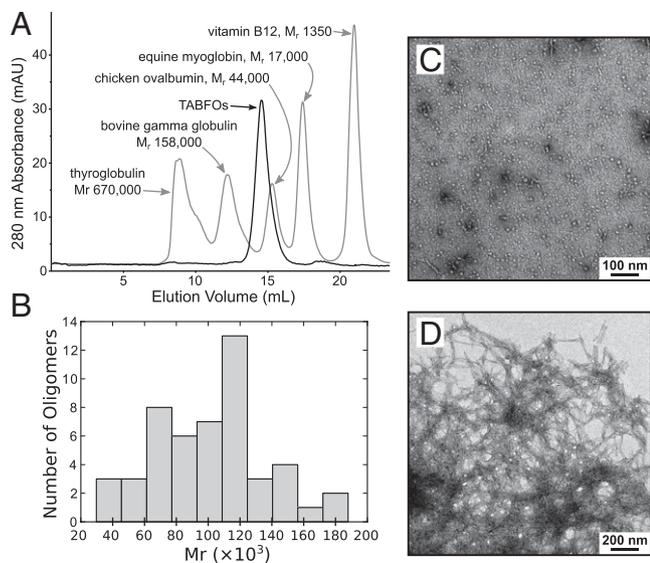


Fig. 1. TABFOs have an M_r of $\sim 80,000$ (~ 19 Abeta42 monomers), with morphology distinct from the morphology of Abeta42 fibers. (A) TABFOs have an M_r of $60,000 \pm 4,200$ by SEC. Two SEC runs are superposed. Dark trace, TABFOs; light trace, protein calibration standards. The peaks of the protein standards are labeled with the corresponding molecular masses. A graphical analysis from these runs is shown in Fig. S1B. (B) TABFOs have an M_r of $100,000 \pm 3,500$ by TEM. Shown is the distribution of measured M_r for a randomly selected sample of 50 TABFO particles from the TEM image in C. The mean of the SEC and TEM M_r measurements is $80,000 \pm 20,000$. (C) TABFOs imaged by TEM. (Scale bar: 100 nm.) (D) Fibers from TABFOs grown overnight at 37°C in PBS. (Scale bar: 200 nm.)

(24), suggesting that TABFOs may undergo conformational changes during conversion to fibers.

Size of TABFOs. From analytical size exclusion chromatography (SEC), we measure the mean relative molecular mass (M_r) of TABFOs to be $60,000 \pm 4,200$ (Fig. 1A and Fig. S1B). TABFOs display a range of sizes by TEM, varying from 13 to 28 nm in the longest dimension (Fig. 1C), similar to fibrillar oligomers (14). To estimate the size from TEM, we randomly choose 50 TABFO particles from the micrograph shown in Fig. 1C modeled as cylinders with a partial specific volume of $0.73 \text{ cm}^3/\text{g}$ (25). The distribution of molecular masses is shown in Fig. 1B. From these data, we measure the mean M_r of TABFOs to be $100,000 \pm 3,500$ (SEM), which is larger than the apparent size by SEC. This difference may have multiple origins, such as nonideal elution by SEC, overlap in TEM, misestimation of partial specific volume, or deviation from cylindrical shape, which we use in the volume calculation. The average of the two size estimates gives a mean M_r of $80,000 \pm 20,000$. Our measurement for the mean M_r is equivalent to 19 ± 4 Abeta42 monomers, suggesting that TABFOs are slightly larger by mass than Abeta42 fibrillar oligomers of 3–10 monomers previously identified (14).

TABFOs Are Identified by Antigenic Recognition by the OC Antibody. To determine whether TABFOs are fibrillar oligomers, we probe dot blots of TABFOs with OC antibodies (13) that recognize fibrillar oligomers. We find that OC antibodies recognize TABFOs (Fig. 2A), showing that TABFOs may have structural features shared by fibers (14). Blotting a replicate membrane with 6E10 antibodies shows that the differences are not explained by loading differences (Fig. S1C).

TABFOs Are Toxic to Neuronal Cells. MTT [3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] cell survival assays (26)

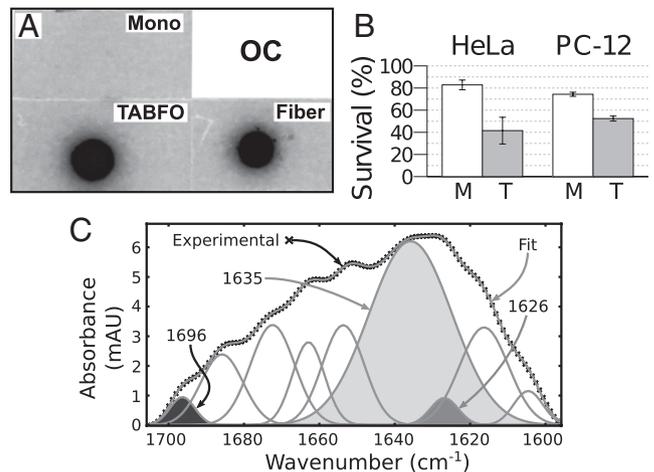


Fig. 2. TABFOs react with the fiber-specific OC antibody, are toxic, and have antiparallel β -sheet structure. (A) Immunoblot with fiber-specific OC antibody. Fiber, fibers grown from TABFOs; Mono, Abeta42 monomers spotted immediately on resuspension into PBS after HFIP treatment. (B) MTT assay shows that Abeta42 TABFOs are significantly more toxic to mammalian cells than Abeta42 monomers. TABFOs and monomers are applied to HeLa and PC-12 cell lines at 500 nM (concentration by monomer equivalent), and survival assayed as described in Materials and Methods. M, monomeric Abeta42; T, TABFOs. (C) TABFOs have antiparallel β -sheets by FTIR. The peaks from a Gaussian deconvolution of the FTIR spectrum are shown. Shading is explained in the text.

show that TABFOs are toxic to mammalian cells (Fig. 2B). In these assays, we find that TABFOs are toxic to HeLa cells and PC-12 neuronal cells at concentrations as low as $2.25 \mu\text{g}/\text{mL}$ ($0.5 \mu\text{M}$ of Abeta42 monomer equivalent). Monomeric Abeta42 is significantly less toxic than oligomers, but it does show some toxicity, suggesting that monomeric Abeta42 may convert to toxic species during the assay.

TABFOs Are β -Rich with Antiparallel β -Sheets. To characterize the structure of TABFOs, we perform circular dichroism spectroscopy (CD). We analyze the data with two different software packages: K2D2 (27) and CDSSTR from the CDPro Suite (28). As seen in Table 1, TABFOs are similar to fibers in that both have significant β -structure and negligible α -helical content. Despite these similarities, the CD spectra of fibers and TABFOs are somewhat different (Fig. S1D). TABFOs have a minimum at about 200 nm combined with negative $\Delta\epsilon$ for wavelengths between 200 and 240 nm, suggesting that TABFOs are mostly disordered but have some antiparallel β -structure (29). Fibers have a maximum and minimum at about 200 and 220 nm, respectively, consistent with a significant component of β -sheets (29).

We also use FTIR to assess the secondary structure content of TABFOs. As seen in Fig. 2C, the major component of the FTIR spectrum is centered around $1,630 \text{ cm}^{-1}$, suggesting that TABFOs have β -sheet content (30). To determine whether the

Table 1. Abeta42 fibers and TABFOs have similar β -sheet content

	Fibers		TABFOs	
	K2D2 (%)	CDPro (%)	K2D2 (%)	CDPro (%)
α -Helix	9.8	3.5	6.3	1.9
β -Sheet	39.5	41.3	32.4	34.2
Unstructured	50.7	55.2	61.3	63.9

Secondary structure of Abeta42 fibers and TABFOs is predicted from CD using K2D2 (27) and CDPro (28).

in both fibrillar (22, 23) and nonfibrillar Abeta (34, 35). The hydrogen bonding of the two closely associated β -sheets (formed by the two arms of the U) runs the length of the stack, similar to a model for antiparallel Abeta fibers previously described (21, 36). We term this stack of monomers a protofilament (Fig. 4A and Fig. S2B). Protofilaments have ends at the extremes of the stacking direction, faces made of the side chains pointing from the sheets, and edges formed by the residues in the hinge of the U and polypeptide termini (Fig. 4A).

In our simulations, we vary this initial model in four ways (Fig. 4B) using R_o^2 as a guide: (i) elongation (addition or removal of monomers at the protofilament ends, producing more or less elongated protofilaments, respectively), (ii) thickening (adjoining two protofilaments along their faces to make a protofilament pair) (Fig. 4A and Fig. S2C), (iii) twisting (rotation of successive layers of the protofilaments around a common helical axis), and (iv) wrapping (correlated twist of a protofilament pair to make a superhelical fibril). Twisting and wrapping are mutually exclusive geometries. Twisting is measured by relative twist, which is the rotation between neighboring layers in the sheet (20). Wrapping is measured by the crossing angle of the protofilament pair (Fig. S2D), which is the angle the protofilament axes make when projected along a line perpendicular to both. A model that is either twisted or wrapped is said to have helicity, because it contains at least one helical axis (Fig. 4B).

In generating our initial wrapped models, we find that, despite their better fit to the experimental diffraction pattern, the two protofilaments do not contact each other significantly. The reason is that, at higher crossing angles, two wrapped protofilaments are unable to interact through their interior faces, because these faces have opposed curvature. To create contact, and thus binding energy between the two wrapped protofilaments, we introduce runaway domain swapping interactions that join the two protofilaments at the seams created by the protofilament edges. Runaway swapping interactions have been observed in fiber assembly (37–39). A TABFO model with runaway domain swapping is shown schematically in Fig. 5A and illustrated in Movie S1.

Detailed Models. An initial protofilament model of 20 monomers (Fig. S3A, single protofilament no helicity) fits the diffraction pattern reasonably well ($R_o^2 = 0.290$). For comparison, R_o^2 is 0.383 for active phosphofructokinase (PDB ID 4PFK) (40), a typical mixed α/β -protein. From the initial protofilament model, halving the layers and thickening to a protofilament pair improve the fit slightly ($R_o^2 = 0.135$) (Fig. S3B, protofilament pair no helicity). The fit is further improved by using wrapped models with runaway swapping, where the crossing angle is between 20° and 70° inclusively. Wrapped models are robust to variation (Fig. S3 and Tables S1 and S2). The best fit is with a 40° crossing angle ($R_o^2 = 0.072$) (Table S1). The simulated powder diffraction patterns of wrapped models with runaway domain swapping generally fit the experimental pattern better than equivalent models without swapping. For example, the R_o^2 for the swapped model in Fig. 3B is 0.072, whereas the R_o^2 for the equivalent model without swapping is 0.116. We use the model in Fig. 3B as a reference for comparison in several simulations herein. Fig. 3D shows the simulated powder diffraction of the reference model superimposed with the experimental powder diffraction pattern of TABFOs.

Geometry of TABFOs Is Related to the Registration of the Runaway Domain Swap. The crossing angle is related to the registration of the runaway domain swap, which is defined operationally in Fig. 5B (Movie S2). Registration is a quantized measurement limited to even integers. Our models show that the crossing angle increases with registration (Fig. S4A and Table S1). Although a set of TABFOs may have differing registrations, the hydrogen

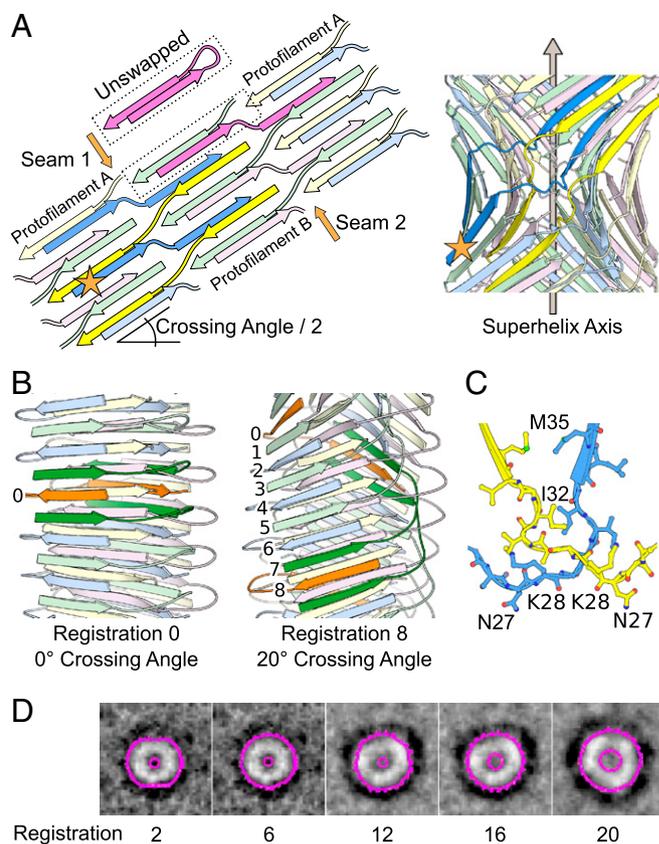


Fig. 5. The registration of runaway domain swapping is related to TABFO geometry. (A) Two runaway domain swaps (blue–yellow and magenta–green) extend the length of TABFOs, tightly stitching the two seams between the protofilaments. In our model, Tycko/Riek U interactions (22, 23) are present in intermolecular, domain-swapped form, rather than as intramolecular interactions. (Left) The orange star marks the equivalent monomer in the schematic in Left and the model in Right. Shown for comparison is a schematic of a monomer that is not swapped (bright magenta, labeled unswapped). (Right) Cartoon representation of the TABFO model schematized in Left. The orange star has the same meaning as in Left. (B) The registration between the two swaps (blue–yellow and magenta–green) is defined operationally; beginning with an N-terminal β -strand of protofilament I (colored orange and labeled 0 in B), follow this first monomer to its C-terminal strand in protofilament II. Then, follow the second and third monomers (green) that border this C-terminal strand back to protofilament I. These two green monomers border a fourth monomer (colored orange and labeled 0 in Left and 8 in Right) in protofilament I. The registration is the number of layer interfaces between the N-terminal strand of the first monomer and the N-terminal strand of the fourth monomer. In the case of no wrapping (zero registration) the first and fourth monomers are the same. (C) Close-up view of a cross-over (residues 27–35) from the model in B is shown in ball and stick representation. The distances between identical residues in the two monomers are consistent with previously reported EPR data (14). (D) TABFOs get wider with larger holes as the registration of runaway domain swapping increases. Axial projections of the molecular surface of several TABFOs with different registrations (indicated by integers below) are shown in magenta inside outlines (holes) and outside outlines for clarity (compare with Fig. 3B, right side). The outlines are superposed on reproduced images of projection averages of amyloid pores formed by E^{22G} Abeta_{1–40} observed in the work by Lashuel et al. (45). (Adapted by permission from Macmillan Publishers Ltd: *Nature*, ref. 45, copyright 2002.)

bonding in the sheets will be nearly identical as well as interactions between sheets of the same protofilament. Thus, within a set of TABFOs that differs by registration, the local chemical environment of every monomer will be identical, except for small differences in the hinge (residues 24–31) and side chains of the interior face.

Discussion

Structure of TABFOs. Our data from CD, FTIR, and X-ray powder diffraction reveal that TABFOs are ordered aggregates with cross- β architecture. However, TABFOs are not simply short protofilaments. Using the power that X-ray powder diffraction offers of comparing observed diffraction patterns with patterns rigorously calculated from atomic models, we find that TABFOs are likely composed of thickened (laterally associated) protofilaments that twist around internal helical axes. These internal axes wrap around a common superhelical axis in a geometry that we term wrapping (Fig. 4B). When a protofilament is wrapped around a helical axis in this manner, it obtains a twist that is in phase with the fiber helix. Such matching of phases has been called correlated twist in the context of amyloid fibers (41). Protofilaments that wrap around a common helical axis retain a constant interface along the length of the fiber (41). Another consequence of wrapping is that the hydrogen bonding geometry along the β -sheets is optimized (42).

In our domain-swapped model for TABFOs, the intramolecular interaction between the two arms of the U-turn (Figs. 4A and 5A, unswapped) is replaced by an intermolecular interaction between one arm of the first Abeta molecule and the other arm swapped from a second molecule. Swapping in our models is enabled by the flexible hinge (residues 24–31) (22, 23, 34, 35) near the cross-over of the swap (residues 27–35). The resulting interactions in the cross-over (Fig. 5C) are consistent with published EPR data of FOs that suggest that the 27–35 segment is in proximity to another or other copies of itself (14). Although exact side chain positions cannot be determined from EPR data, our model is consistent with trends in this EPR data. For example, I32 and M35 show the strongest EPR spin coupling and are also closest in our model. Moreover, the EPR spin coupling gradually diminishes from the cross-over in a manner consistent with the increasing distances in our models.

Our model for TABFOs agrees with predictions that mature amyloid fibers and fibrillar oligomers share common surface features but likely have different lattices (13, 14). As we show here, the TABFO architecture produces simulated powder diffraction consistent with cross- β structure (Fig. 3 and Fig. S3). This fiber-like architecture may underlie the specificity of OC antibody for fibrillar oligomers and mature amyloid fibers (Fig. 2) (12). Additionally, our modeling suggests that seeding by fibrillar oligomers likely occurs by addition to the ends of the fibrillar oligomers (14).

Size Limitation. An upper limit to the size of TABFOs may arise from increasing stress on new monomers as they are layered onto the ends of the protofilaments. In wrapping, the β -sheet hydrogen bonding distances of the outermost sheet must be longer than the distances of the innermost sheet to maintain native side chain contacts between swapping partners. This stretching is exaggerated at high crossing angles but may be compensated by increased distortion of monomers as they are layered, allowing them to retain native side chain interactions while also maintaining optimal hydrogen bonding distances with neighbors in the sheet. Growth may stop when the energy cost to distort a monomer balances the energy gained from hydrogen bonding.

This situation is analogous to the opposition of forces that limits the size of amyloidogenic peptide microcrystals (43). In these microcrystals, the propensity for an intrinsic β -sheet twist opposes the requirement for aligned hydrogen bonding within the crystal lattice, resulting in a buildup of strain as layers add to a growing microcrystal.

In Fig. S4B, we depict a TABFO with a high crossing angle of 70° to illustrate how retaining the monomer conformation opposes optimal hydrogen bonding. One prediction of this energetic tradeoff is that oligomers with low crossing angles will have a propensity to grow longer than oligomers with high crossing angles, a prediction similar to one arising from studies of macrocyclic β -sheet mimics (44). Additionally, long oligomers may appear filamentous by EM.

Structure–Toxicity Relationship. Our modeling shows that higher crossing angles are related to greater curvature and increasingly large holes in the oligomers, suggesting that TABFO toxicity may be related to the potential for TABFOs to form pores. Pore formation has been implicated in the toxicity of Abeta oligomers (45, 46). At high crossing angles, opposing curvature of the two protofilaments dictates that they can interact only at their edges (defined in Fig. 4), creating a hole along the helical axis of the TABFO (Fig. 3B, Right). Viewed along the central axis, TABFOs are similar in appearance to projection averages of amyloid pores formed by ^{E22G}Abeta_{1–40} (45). In Fig. 5D, we show axial projections of TABFOs with a range of crossing angles. These projections are superimposed on reproduced images of ^{E22G}Abeta_{1–40} amyloid pores observed previously (45). The superposition shows that the TABFO models that agree well with experimental powder diffraction data ($R_o^2 < 0.10$) (Table S1) have hole and outside diameters consistent with amyloid pores of ^{E22G}Abeta_{1–40}. Notably, the E22G mutation is near the hinge (residues 24–31), suggesting that the increased flexibility in this part of Abeta may facilitate pore formation.

Conclusion

We develop atomic models for a type of toxic Abeta42 oligomer that we call TABFOs. From powder X-ray diffraction, TEM, CD, and FTIR, we show that TABFOs are short, wrapped, fiber-like structures (Fig. 3B), where the energy that joins protofilaments is explained by runaway domain swapping (Fig. 5A). The fiber-like architecture of TABFOs explains their reactivity with the fiber-specific OC antibody (13) and the ability to seed new populations of TABFOs (14). A range of TABFO structures differing in the crossing angle of the two protofilaments agree well with our experimental data, with the best fits being for TABFOs that have a 40° crossing angle. The crossing angle is related to the registration of the runaway domain swapping that, after it is established, would determine the overall geometry growing oligomer. Models of TABFOs with crossing angles of at least 40° have a hole along the central axis, suggesting the potential for pore-like activity that may explain TABFO toxicity.

Materials and Methods

Preparation of Abeta42. Abeta42 is incorporated into a fusion construct with 19 Asn-Ala-Asn-Pro repeats N-terminal to a Tev protease site ending with an aspartate. After Tev cleavage, this aspartate remains on the cleavage product as the first residue of the Abeta42 sequence. In our final steps of the preparation of TABFOs, we elute the Tev cleavage product from a reverse-phase column followed by lyophilization and resuspension in HFIP to disrupt any aggregates (47). We then eliminate the HFIP by evaporation.

SEC. For sizing, TABFOs are concentrated to 1 mg/mL and run over a Superdex 200 HR 10/30 column (17–1088-01; GE Healthcare) in 50 mM ammonium hydroxide.

Preparation of Samples for TEM. Fibers for TEM are grown from TABFOs in PBS overnight at 37 °C with shaking at 225 rpm. TABFOs are lyophilized for X-ray powder diffraction and then resuspended in 50 mM NH₄OH at 1 mg/mL for optimal distribution on the grids.

ThT Fiber Assay Reaction Conditions. Concentrated TABFOs are diluted to 10 μ M in PBS and immediately filtered through 0.1- μ m filters before starting the assay. The reaction conditions are 10 μ M ThT in PBS at 37 °C.

Sample Preparation for Powder Diffraction. Lyophilized TABFOs are applied by stabbing with the jagged ends of broken glass capillaries. Samples are sufficiently large to accommodate a 50- μ m X-ray beam without incurring scatter from the capillary.

Simulated Powder Diffraction Patterns. Simulated powder diffraction patterns are generated from the models using the simulated powder diffraction function of XPREP (48) using structure factors and phases calculated by CCP4 (49).

ACKNOWLEDGMENTS. We thank Drs. Todd Yeates, Lukasz Salwinski, Rebecca Nelson, and Zhefeng Guo for discussions; the laboratory of Charles Glabe for help

with immunoblots; and Prof. Arnold Berk and Dr. Dawei Guo for help with tissue culture experiments. This work was supported by National Institutes of Health

Grants AG 029430 and FGM07789A, the Department of Energy, National Science Foundation Grant MCB 0958111, and the Howard Hughes Medical Institute.

- Selkoe DJ (2003) Folding proteins in fatal ways. *Nature* 426:900–904.
- Kirkitadze MD, Bitan G, Teplow DB (2002) Paradigm shifts in Alzheimer's disease and other neurodegenerative disorders: The emerging role of oligomeric assemblies. *J Neurosci Res* 69:567–577.
- Bucciantini M, et al. (2002) Inherent toxicity of aggregates implies a common mechanism for protein misfolding diseases. *Nature* 416:507–511.
- Ewbank DC (1999) Deaths attributable to Alzheimer's disease in the United States. *Am J Public Health* 89:90–92.
- Irvine GB, El-Agnaf OM, Shankar GM, Walsh DM (2008) Protein aggregation in the brain: The molecular basis for Alzheimer's and Parkinson's diseases. *Mol Med* 14: 451–464.
- Li S, et al. (2009) Soluble oligomers of amyloid Beta protein facilitate hippocampal long-term depression by disrupting neuronal glutamate uptake. *Neuron* 62:788–801.
- Calabrese B, et al. (2007) Rapid, concurrent alterations in pre- and postsynaptic structure induced by naturally-secreted amyloid-beta protein. *Mol Cell Neurosci* 35: 183–193.
- Martins IC, et al. (2008) Lipids revert inert Abeta amyloid fibrils to neurotoxic protofibrils that affect learning in mice. *EMBO J* 27:224–233.
- Barghorn S, et al. (2005) Globular amyloid beta-peptide oligomer - a homogenous and stable neuropathological protein in Alzheimer's disease. *J Neurochem* 95:834–847.
- Westermarck P, et al. (2007) A primer of amyloid nomenclature. *Amyloid* 14:179–183.
- Caughey B, Lansbury PT (2003) Protofibrils, pores, fibrils, and neurodegeneration: Separating the responsible protein aggregates from the innocent bystanders. *Annu Rev Neurosci* 26:267–298.
- Glabe CG (2008) Structural classification of toxic amyloid oligomers. *J Biol Chem* 283: 29639–29643.
- Kayed R, et al. (2007) Fibril specific, conformation dependent antibodies recognize a generic epitope common to amyloid fibrils and fibrillar oligomers that is absent in prefibrillar oligomers. *Mol Neurodegener* 2:18.
- Wu JW, et al. (2010) Fibrillar oligomers nucleate the oligomerization of monomeric amyloid beta but do not seed fibril formation. *J Biol Chem* 285:6071–6079.
- Bonar L, Cohen AS, Skinner MM (1969) Characterization of the amyloid fibril as a cross-beta protein. *Proc Soc Exp Biol Med* 131:1373–1375.
- Eanes ED, Glenner GG (1968) X-ray diffraction studies on amyloid filaments. *J Histochem Cytochem* 16:673–677.
- Astbury WT, Dickinson S, Bailey K (1935) The X-ray interpretation of denaturation and the structure of the seed globulins. *Biochem J* 29:2351–2360.
- Jahn TR, et al. (2010) The common architecture of cross-beta amyloid. *J Mol Biol* 395: 717–727.
- Kirschner DA, Abraham C, Selkoe DJ (1986) X-ray diffraction from intraneuronal paired helical filaments and extraneuronal amyloid fibers in Alzheimer disease indicates cross-beta conformation. *Proc Natl Acad Sci USA* 83:503–507.
- Sunde M, et al. (1997) Common core structure of amyloid fibrils by synchrotron X-ray diffraction. *J Mol Biol* 273:729–739.
- Colletier J-P, et al. (2011) Molecular basis for amyloid-beta polymorphism. *Proc Natl Acad Sci USA* 108:16938–16943.
- Lührs T, et al. (2005) 3D structure of Alzheimer's amyloid-beta(1–42) fibrils. *Proc Natl Acad Sci USA* 102:17342–17347.
- Petkova AT, et al. (2002) A structural model for Alzheimer's beta-amyloid fibrils based on experimental constraints from solid state NMR. *Proc Natl Acad Sci USA* 99: 16742–16747.
- Finder VH, Vodopivec I, Nitsch RM, Glockshuber R (2010) The recombinant amyloid-beta peptide Abeta1–42 aggregates faster and is more neurotoxic than synthetic Abeta1–42. *J Mol Biol* 396:9–18.
- Mok Y-F, Howlett GJ (2006) Sedimentation velocity analysis of amyloid oligomers and fibrils. *Methods Enzymol* 413:199–217.
- Mosmann T (1983) Rapid colorimetric assay for cellular growth and survival: Application to proliferation and cytotoxicity assays. *J Immunol Methods* 65:55–63.
- Perez-Iratxeta C, Andrade-Navarro MA (2008) K2D2: Estimation of protein secondary structure from circular dichroism spectra. *BMC Struct Biol* 8:25.
- Johnson WC (1999) Analyzing protein circular dichroism spectra for accurate secondary structures. *Proteins* 35:307–312.
- Kelly SM, Price NC (2000) The use of circular dichroism in the investigation of protein structure and function. *Curr Protein Pept Sci* 1:349–384.
- Kong J, Yu S (2007) Fourier transform infrared spectroscopic analysis of protein secondary structures. *Acta Biochim Biophys Sin (Shanghai)* 39:549–559.
- Susi H, Byler DM (1988) Fourier deconvolution of the amide I Raman band of proteins as related to conformation. *Appl Spectrosc* 42:819–826.
- Chirgadze YN, Nevskaya NA (1976) Infrared spectra and resonance interaction of amide-I vibration of the antiparallel-chain pleated sheet. *Biopolymers* 15:607–625.
- Harris KDM, Johnston RL, Kariuki BM (1998) The genetic algorithm: Foundations and applications in structure solution from powder diffraction data. *Acta Crystallogr A* 54: 632–645.
- Hoyer W, Grönwall C, Jonsson A, Ståhl S, Härd T (2008) Stabilization of a β -hairpin in monomeric Alzheimer's amyloid- β peptide inhibits amyloid formation. *Proc Natl Acad Sci USA* 105:5099–5104.
- Sandberg A, et al. (2010) Stabilization of neurotoxic Alzheimer amyloid-beta oligomers by protein engineering. *Proc Natl Acad Sci USA* 107:15595–15600.
- Tycko R, Sciarretta KL, Orgel JPRO, Meredith SC (2009) Evidence for novel beta-sheet structures in low mutant beta-amyloid fibrils. *Biochemistry* 48:6072–6084.
- Guo Z, Eisenberg D (2006) Runaway domain swapping in amyloid-like fibrils of T7 endonuclease I. *Proc Natl Acad Sci USA* 103:8042–8047.
- Liu C, Sawaya MR, Eisenberg D (2011) β_2 -microglobulin forms three-dimensional domain-swapped amyloid fibrils with disulfide linkages. *Nat Struct Mol Biol* 18:49–55.
- Sambashivan S, Liu Y, Sawaya MR, Gingery M, Eisenberg D (2005) Amyloid-like fibrils of ribonuclease A with three-dimensional domain-swapped and native-like structure. *Nature* 437:266–269.
- Evans PR, Farrants GW, Hudson PJ (1981) Phosphofructokinase: Structure and control. *Philos Trans R Soc Lond B Biol Sci* 293:53–62.
- Jiménez JL, et al. (2002) The protofilament structure of insulin amyloid fibrils. *Proc Natl Acad Sci USA* 99:9196–9201.
- Wang J, Gülich S, Bradford C, Ramirez-Alvarado M, Regan L (2005) A twisted four-sheeted model for an amyloid fibril. *Structure* 13:1279–1288.
- Nelson R, et al. (2005) Structure of the cross-beta spine of amyloid-like fibrils. *Nature* 435:773–778.
- Liu C, et al. (2011) Characteristics of amyloid-related oligomers revealed by crystal structures of macrocyclic β -sheet mimics. *J Am Chem Soc* 133:6736–6744.
- Lashuel HA, Hartley D, Petre BM, Walz T, Lansbury PT, Jr. (2002) Neurodegenerative disease: Amyloid pores from pathogenic mutations. *Nature* 418:291.
- Zhu YJ, Lin H, Lal R (2000) Fresh and nonfibrillar amyloid beta protein(1–40) induces rapid cellular degeneration in aged human fibroblasts: Evidence for AbetaP-channel-mediated cellular toxicity. *FASEB J* 14:1244–1254.
- Stine WB, Jr., Dahlgren KN, Krafft GA, LaDu MJ (2003) In vitro characterization of conditions for amyloid-beta peptide oligomerization and fibrillogenesis. *J Biol Chem* 278:11612–11622.
- Sheldrick GM (2008) A short history of SHELX. *Acta Crystallogr A* 64:112–122.
- Collaborative Computational Project, Number 4 (1994) The CCP4 suite: Programs for protein crystallography. *Acta Crystallogr D Biol Crystallogr* 50:760–763.
- Yamashita E, Zhalnina MV, Zakharov SD, Sharma O, Cramer WA (2008) Crystal structures of the OmpF porin: Function in a colicin translocon. *EMBO J* 27:2171–2180.
- Mastrangelo IA, et al. (2006) High-resolution atomic force microscopy of soluble Abeta42 oligomers. *J Mol Biol* 358:106–119.
- Leinala EK, et al. (2002) A beta-helical antifreeze protein isoform with increased activity. Structural and functional insights. *J Biol Chem* 277:33349–33352.